

Healthy Vending Toolkit

Vending is a key part of a healthy eating environment as it may be the only food offered when other food is unavailable. In addition, the presence of the vending machine itself acts as a constant reminder to people about food and as a promotion for the foods and drinks within it. Healthy vending can help make the healthier food choice the easy choice.



What information is in the Healthy Vending Toolkit?

You will find evidence-based strategies and tools to help schools, recreation centres, workplaces and vendors adopt healthy vending programs.



The toolkit guides you through a step-by-step process to take action on healthy vending, including:

- Eight steps to make your healthy vending program a success
- Ready to use tools and templates including customer surveys, sample planograms, and sales tracking forms
- Background information on healthy eating

By using the Toolkit, groups and sites can learn more about healthy eating environments and support Albertans to make healthier food choices.

Where can I find a copy of the toolkit?



Visit www.healthyeatingstartshere.ca, click on [Healthy Eating in the Community](#) and look for the [Healthy Vending Toolkit](#)