

# EDMONTON

## Personal Trainer Job Number: 32034

Are you a Personal Trainer looking to work in world class City of Edmonton Recreation and Fitness Centres? Do you have the theoretical knowledge and communication skills to safely coach, correct and develop the physical health of others?

As a Personal Trainer, you will:

- Provide excellent Fitness Services within the City of Edmonton Fitness Centres such as exercise consultations, personal training and small group personal training
- Youth in action and fitness centre orientations
- Create and deliver Personal Training programs individually for each client
- Provide encouragement, coaching and customer service to clients
- Ensure the safety of all clients
- Maintain client records (redeem sessions)
- Submit timesheets
- Submit invoices for payment
- Other duties as required

### Qualifications:

**\*Please ensure to attach all relevant certifications.**

- Completed or in progress degree in Physical Education, Kinesiology or Human Kinetics or completed diploma in Personal Fitness Training or equivalent
- Completed one of the following current certifications or equivalent
  - CSEP – Certified Exercise Physiologist (CEP)
  - CSEP – Certified Personal Trainer (CPT)
  - NSCA – Certified Strength and Conditioning Specialist (CSCS)
  - AFLCA – Certified Fitness Trainer (CFT)
- Experience in customer service and the ability to conduct oneself in a professional manner
- Strong interpersonal and communication skills
- Demonstrated ability to conduct effective needs assessments
- Experience related to exercise prescription is an asset
- Interest and experience with exercise leadership and physical activity promotion
- Valid First Aid and CPR Level C is a requirement of this position
- Hire is dependent upon a Police Information Check including Vulnerable Sector check satisfactory to the City of Edmonton

*Up to 3 temporary part-time positions*

***We are an equal opportunity employer.***

***We welcome diversity and encourage applications from all qualified individuals.***

**Hours of Work:** Up to 25 hours per week

**Salary:** Individual Personal Training: \$30.000– \$41.000 Hourly; Semi-Private Personal Training: \$40.000 - \$51.000

**Recruitment Consultant:** SFH/JP

**Classification Title:** Program Specialist

**Posting Date:** Mar 9, 2018

**Closing Date:** Mar. 23, 2018 11:59:00 PM (MDT)

**Number of Openings (up to):** 3 - Temporary Part-time

**Union:** Out of Scope

**Department:** Programs/Events and Kinsmen (Citizen Services)

**Work Location(s):** Clareview Community Recreation Centre, 3804 - 139 Avenue 3804 - 139 Avenue Edmonton



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